

October 2018

DON'T FORGET TO PUT TRASH OUT ON THURSDAY'S!!!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 10 a.m. Brentwood Promenade Shopping Center (Bus) 2:30p-3:30p Miracle Ear Screening & Seminar (EL)</p>	<p>2 9a-10a Group Workout w/Marna (apt 309) 1:30-2:15- St. Louis Zoo " Wonderful World of Animals" (EL)</p>	<p>3 10 a.m- Tai Chi (EL) 1p.m.- Canasta (WL) 2p- Walking to Rulers 6:00p.m. Bingo (EL)</p>	<p>4 9a-10a- Individual Workout w/Marna(Apt.309) 10:00am- Wal-Mart(Bus) 1:30- Bookmobile (L)</p>	<p>5 10:30 a.m. Music & Movement (EL) 1p-3p Blessing of the Pets (Courtyard) 2p- The Art of Water Coloring (EL) 6:00p Games w/ prizes (EL)</p>	
<p>7 11:00 a.m. Mass (201) 11:30p.m. Picnic Lunch w/ Matt snacks provided bring sack lunch (L) 1:30 p.m. Worship Service (EL) 4:30p-6:30 Potluck (EL) Organized by TGM</p>	<p>8 10a. m Target (Bus) 1:00p-2:00 Bingo & Fall/Safety Prevention seminar w/ Full Circle Home Care (EL) 3p- Resident Council Meeting (MR)</p>	<p>9 9a-10a Group Workout w/Marna (apt 309) 9:30 a.m. – 10 a.m. Blood Pressure Check (GV) 9:30a.m.- Meet Your Neighbor Breakfast Buffet</p>	<p>10 10 a.m. Tai Chi (EL) 1 p.m. Canasta (WL) 2p- Walk to Rulers 6:00 p.m. Bingo (EL)</p>	<p>11 9a-10a Individual Workout w/Marna (apt 309) 9:00a-11:00a Flu Shots w/ VNA (MR) 10:00a.m- Dierberg(Bus) 6:00p. Beer & Wine Club (EL) 6p- Book Club (MR)</p>	<p>12 1 p.m. Canasta (WL) 1p.m.-2p.m. Bingo w/ Wellhome (EL) 2p-3p: Blood pressure check by Beth</p>	<p>13 2:00p.-4:00p Individual Home Safety visit w/ Marna (Sign up in mail room)</p>
<p>14 11:00 a.m. Mass (201) 1:30 p.m. Worship Service (EL) 4:30p-6:30 Potluck (EL) Organized by TGM</p>	<p>15 10 a.m. Schnucks (Bus)</p>	<p>16 9a-10a Group Workout w/Marna (apt 309) 9:30 a.m. – 10 a.m. Blood Pressure Check (GV) 3:30-4:30- Happy Hour Entertainment with Bill Row-DON'T FORGET THE 50/50 DRAWING!!</p>	<p>17 10 a.m. Tai Chi (EL) 1 p.m. Canasta (WL) 1p-3p- Open House-entertainment by pianist Tim Moffitt(WL) 6:00 p.m. Bingo (EL)</p>	<p>18 9a-10- Individual Workout w/Marna (Apt.309) 10:00 Kimmswick Shopping and Lunch @ the Blue Owl (Bus) 1:30p- Bookmobile(L)</p>	<p>19 10:30a- Music & Movement(EL) 1 p.m. Canasta (WL) 1:30p Bingo w/Beth (EL) 2p-3p-Blood Pressure Check with Gloria 6:00p Games w/ prizes (EL)</p>	<p>20 1:00p.-2:00p Education Seminar" Purpose of Life" w/ Matt (EL)</p>
<p>21 11:00 a.m. Mass (201) 11:30p.m. Picnic Lunch w/ Matt snacks provided bring sack lunch(L) 1:30 p.m. Worship Service (EL) 4:30p-6:30 Potluck (EL) Organized by TGM</p>	<p>22 10:00a.m- Shop N' Save (Bus) 3:00p.m.-3:45p.m. Ice Cream Social & Entertainment by Sterling (WL)</p>	<p>23 9a-10a Group Workout w/Marna in fitness Center (apt 309) 9:30 a.m. – 10 a.m. Blood Pressure Check (GV) 1:30p-2:30p Avon Lady Cheryl Taylor (GVC)</p>	<p>24 10 a.m. Tai Chi (EL) 1 p.m. Canasta (WL) 6:00 p.m. Bingo (EL)</p>	<p>25 9a-10a Individual Workout w/Marna (apt 309) 9:30a.m. Tour Channel 9 Network *FREE TOUR Lunch following @ The City Diner(Bus) 6p- Book Club (MR)</p>	<p>26 1 p.m. Canasta (WL) 2p- Movie- Break Away (EL) 2p-3p- Blood pressure check by Beth 6:00p. Beer & Wine Club (EL)</p>	<p>27 1:00p.-2:00p Education Seminar "End of Life Planning" w/ Matt (EL)</p>
<p>28 11:00 a.m. Mass (201) 11:30p.m. Picnic Lunch w/ Matt snacks provided bring sack lunch(L) 1:30 p.m. Worship Service (EL) 4:30p-6:30 Potluck (EL)</p>	<p>29 10a.m.- Walmart (Bus) 2:00p-Historically Speaking- " Haunted St. Louis" (Bus)</p>	<p>30 9a-10aGroup Workout w/Marna (apt309) 10:30- Chair Line Dance(EL) 4:45p.m. Resident Birthday Dinner (MR)</p>	<p>31 10 a.m. Tai Chi (EL) 1:00p.m Canasta (WL) 3:30p-4:30p Halloween Party & Costume Contest Entertainment w/ Pat White (EL)</p>			